

Discover the *freedom*
of chef-prepared meals
delivered right to your door!



NO MINIMUMS

NO MEMBERSHIPS

- » Doctor-designed and chef-prepared specially for those 50+
- » Choose from over 150 meals and snacks
- » No cooking required
- » Ready in minutes



SILVER
CUISINE
by bistroMD

partnered
with

CareOne
SENIOR CARE

— EXCLUSIVE OFFER —

10% OFF EVERY ORDER
+ Free Shipping on Orders \$99+

Use Code:
CareOne

Visit **SilverCuisine.com** 844-404-3663

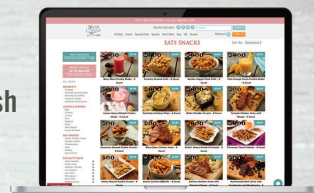


partnered
with



We make eating healthy easy by giving you the flexibility that you need, the variety you crave and the convenience of home delivery. Our rotating menu includes over 150 alternating, delicious meal options. With no contracts or minimum orders, Silver Cuisine fits any lifestyle. Ordering is easy – simply select the meals you wish to have delivered, and we'll take care of the planning, shopping, cooking and delivery. Your order will arrive at your door, via FedEx, so all that's left for you to do is heat and enjoy!

How it Works: Visit SilverCuisine.com and simply select the meals you wish to have delivered, and we'll take care of the planning, shopping, cooking and delivery.



What We Do:  **NUTRITION**  **SHOPPING**  **COOKING**  **DELIVERY**

We Accommodate Special Dietary Needs:



HEART HEALTHY



DIABETIC



LOW SODIUM



GLUTEN FREE

PRODUCT COMPARISON

CHICKEN
MARSALA

	SILVER CUISINE BY BISTROMD	GROCERY BRAND #1	GROCERY BRAND #2
Calories	290 Only 290 Calories	564	400
Sodium	630 49% Less Sodium	1230	930
Fiber	5 25% More Fiber	4	2
Protein	30 30g of Protein	33	27
Fat	10 79% Less Fat	39	10

Taste the
difference of
chef-prepared
healthy meals

Grocery
brand #1
is higher
in calories,
sodium and fat

Grocery
brand #2
has less
protein and fiber